



Proposed Slate of 2017-18 Directors January 23, 2018 Annual General Meeting

Board members can serve two terms. Each term is for three years. A one year extension can be granted after 6 years of service.

Persons standing for election to the board beginning a new term or extension are in purple.

First Year of First Term

Colleen Crossley, representative of the British Columbia Schizophrenia Society (BCSS). Colleen has been a registered nurse for 46 years and has worked in most areas and types of nursing, finding a niche 25 years ago in the mental health field. She worked at Riverview in the days of the huge discharge of patients into the community. Colleen has served with the Canadian Mental Health Association as a program developer and trainer, with Interior Health in the Mental Health Crisis Stabilization Unit at the hospital and at MH&SU Intake counselling office. She has worked with BCSS programs in the Cariboo-Chilcotin area for about 12 years and joined the BCSS Board there in 2015.

Gregory Zed, representative of Schizophrenia Society of New Brunswick (SSNB). Greg works for Horizon Health Network Sussex, NB as Zone Manager for Addictions/Mental Health Services, Acting Program Coordinator, Acute, Long Term & Seniors Services, Zone Lead Forensic Program, and Zone Lead Suicide Prevention. Greg has the following certification: Certified Forensic Suicidologist, Certified Discharge Planner, Certified Trainer for Suicide Bereavement and Certified Master Trainer for Suicide Intervention Programs. Greg is known for his decades of voluntary service with numerous community agencies, clubs and services.

Jeff James, representative of the Schizophrenia Society of Saskatchewan (SSS). Jeff has been a Clinical Social Worker with the Randall Kinship Centre since 2014. Prior to 2014, he worked as a Medical Social Worker at the Quick Response Unit at Elmview Extendicare in Regina. He gained his Bachelor of Social Work degree from the University of Regina and completed his Master of Public Administration degree in 2017. As a practicum student, and after graduation, he worked for the Canadian Mental Health Association Saskatchewan Division as the Coordinator of the Mental Health Coalition, a grassroots networking organization dedicated to improving the mental health system in Saskatchewan. He brings personal and professional

experience with mental health, a listening ear, a willingness to think critically, and a desire to improve the health system.

Alberta has not sent in a nomination.

Hazel Meredith, member-at-large from British Columbia. Hazel is a board member with the Psychosocial Rehabilitation Canada and has worked with the Canadian Mental Health Association providing a community systems view for public systems with the aims to enhance an integrated care model. Since 2006 she has been the Executive Director of the Victoria Schizophrenia Society in Victoria, BC which offers recovery oriented services to both people with lived experience of mental illness/mental health challenges and family member caregivers. VSS specializes in peer support services, WRAP(R), self help and counseling services for family caregivers. Beside a stigma busting speaker's bureau, they provide leadership and consultation in the mental health arena.

Laura Burke, member-at-large from Nova Scotia. Laura is a Halifax-based counselor, psychotherapist, and creative arts therapist with a specialization in drama therapy working with youth, adolescents, and adults. In addition to working with mental health struggles, she sees the importance of addressing internalized stigma: the ideas clients may hold about the meaning of diagnoses and how they influence the course of their lives. She approaches therapy through a critical, anti-oppressive, trauma-informed lens. Laura is also trained as a drama therapist - a form of psychotherapy that uses role play, improvisation, writing and other creative strategies. Other training includes Acceptance and Commitment Therapy (ACT) and Dialectical Behavior Therapy (DBT).

Joan Baylis, member-at-large from Ontario. Joan is a family member and Past-President of the Regina Chapter of SSS. Joan was a business manager at Petro-Canada for 26 years. After previously serving two terms on SSC's Board, Joan returned to the Board in 2014. She is an assistant to Andrew Scheer, Member of Parliament for the Riding of Regina – Qu'Appelle, and sits on the board of Ignite, which helps young adults complete their high school diplomas.

Directors Continuing Their Terms

a) Second year of first term

Sylvie Maréchal, a family member, to represent the Société québécoise de la schizophrénie (SQS). Sylvie is President of SQS. She is a senior consultant at MGestion, where she leads and project-manages business integration/mergers, including business process and information technology (IT) systems, for Hanesbrands. Over her career as a Chief Information Officer and senior IT director, she has designed and implemented technologies to reduce costs and improve work processes for companies in Canada, the US and Latin America. Sylvie is a professional engineer, holds a Master's of Business Administration and is a certified IT professional.

Aamir Mian, a family member, to represent the Schizophrenia Society of Ontario (SSO), where he is President. He is Vice-President, Benefits and Pension Outsourcing, at CPAS Systems, a Xerox company. With more than 18 years of experience, Aamir specializes in best practices for

and operational delivery of benefits and pension administration, and in business strategies for and executing large-scale projects for out-sourcing benefits and pensions. He holds a Bachelor of Science, with a major in Management Information Systems and a minor in Human Resource Management, from Wright State University, in Dayton, OH.

Donna Methot, representing the Schizophrenia Society of Nova Scotia (SSNS), is a family member and President of SSNS. As a member of the Acute Care Quality Team in the Mental Health and Addictions Program, Nova Scotia Health Authority, in Halifax, NS, she sits on several mental health quality team committees and working groups which promote collaboration among consumers, family members, and healthcare providers.

Doug Tiltman, representing the Manitoba Schizophrenia Society (MSS) is a family member, Vice-President of MSS and has represented MSS on several committees. He is a retired school counsellor in Winnipeg with 30 years of experience, primarily at the high school level. Prior to that, he taught high school and was at the Faculty of Education, University of Manitoba. Doug has an MA in Political Science and History, and a MEd in Educational Psychology.

Dr. Lori Triano-Antidormi, a member-at-large director, is a Registered Psychologist in private practice in Hamilton, ON. She has a special interest in trauma and grief. In 2014, she received SSC's Outstanding Achievement Award for her work speaking about recent amendments to the Criminal Code of Canada's not criminally responsible on account of mental disorder provisions. Lori is a member of the Hamilton Police Service's Standing Committee on Police Interactions with People in Crisis. She received her PhD from York University in 1998.

b) Third year of first term

c) First year of second term

Gail MacLean represents the Schizophrenia Society of Prince Edward Island (SSPEI). She is a Registered Nurse at the Queen Elizabeth Hospital in Charlottetown, PE, and is a charter member of its hospital auxiliary. In 2014, she received a Caring Canadian Award from the Governor General, His Excellency the Right Honourable David Johnston. It is given to Canadians who volunteer to help others and to build a smarter and more caring nation.

d) Third year of second term

a) One-year Term Extension

Florence Budden, representative of the Schizophrenia Society of Newfoundland and Labrador (SSNL), is a Registered Nurse and Instructor at the Centre for Nursing Studies, Eastern Health, in St. John's, NL. She is Past-President of SSC. Florence represents SSC on the Canadian

Alliance on Mental Illness and Mental Health. She is also President of the Canadian Federation of Mental Health Nurses.

Dr. Phil Tibbo, a member-at-large director, is the Dr. Paul Janssen Chair in Psychotic Disorders in the Department of Psychiatry, and Director, Nova Scotia Early Psychosis Program, and Co-Director, Nova Scotia Psychosis Research Unit, at Dalhousie University, in Halifax, NS. He investigates psychosis/schizophrenia through neuroimaging, genetics, and non-pharmacological treatments. His current research includes developing a relapse prediction tool for use by clinicians and families, a tool for monitoring medication side effects, and service delivery/national guidelines for early phase psychosis. Dr. Tibbo is also chair of the SSC Foundation.

Completed Their Terms or Resigned from the Board

Jeff Costain, Member-at-large from Ontario

David Newman, Member-at-large from Manitoba

Michelle Seibel, BCSS

Julia Gajewski-Noel, SSNB

Doug Race, SSA