



NATIONAL

**FAMILY CAREGIVER DAY**

*Care & Work - A Balancing Act*

April 7, 2015

On April 7, we are recognizing the 6.1 million employed Canadians who must balance work and caregiving responsibilities day by day, hour by hour, over a number of years.

## What can YOU do to participate on april 7?



Join the conversation tweet  
**#careandwork**



Participate in our online education  
forum Learn more at [www.ccc-ccan.ca](http://www.ccc-ccan.ca)



**Talk, text, and tweet**  
about caregivers



CANADIAN  
CAREGIVER COALITION  
COALITION CANADIENS  
DES PROCHES A DANTS

Established in 2000, the Canadian Caregiver Coalition is a virtual alliance of diverse partner organizations that work collectively, and autonomously, to identify and respond to the needs of caregivers in Canada. Together we strive to achieve our vision of "a Canada that recognizes, respects, and values the integral role of family caregivers in society."

[www.ccc-ccan.ca](http://www.ccc-ccan.ca)