Sample Letter:

(Editor’s Name)
(Newsletter Name)
(Street Address)
(City, Province)
(Postal Code)

(Date)

Dear Editor:

Your article (title of article) published on (date) states it perfectly. Canada is the only G8 country without a national strategy for mental illness. Considering the fact that 20 percent of Canadians will experience a mental illness in their lifetime, it is critical that our country establish a national body to oversee mental health and illness issues.

 Millions of Canadians who are directly and indirectly impacted by mental illness have waited long enough. There is a significant and immediate need for a national mental health commission to begin making improvements to our mental illness system.

It is time for the government to act on this issue.

(Name)
(City, Province)