



## **Proposed Slate of 2015-16 Directors September 27, 2015 Annual General Meeting**

### **1. Persons Standing for Election to the Board**

#### **a) First Year of First Term**

A person standing for election to represent a provincial schizophrenia society has been nominated by the board of directors of that society.

**Donna Methot**, to represent the Schizophrenia Society of Nova Scotia (SSNS), is a family member and President of SSNS. As a member of the Acute Care Quality Team in the Mental Health and Addictions Program, Nova Scotia Health Authority, in Halifax, NS, she sits on several mental health quality team committees and working groups which promote collaboration among consumers, family members, and healthcare providers.

**Michelle Seibel**, to represent the British Columbia Schizophrenia Society (BCSS), is a Registered Nurse and a Senior Lecturer at Thompson Rivers University's School of Nursing, in Kamloops, BC. Her interests include mental health and caregiver support, and prevention and early identification of mental health disorders, and co-chairs BCSS' Public Policy Committee. Michelle also holds a Master's Degree in Leadership and Training.

**Doug Tiltman**, to represent the Manitoba Schizophrenia Society (MSS) is a family member, Vice-President of MSS and has represented MSS on several committees. He is a retired school counsellor in Winnipeg with 30 years of experience, primarily at the high school level. Prior to that, he taught high school and at the Faculty of Education, University of Manitoba. Doug has an MA in Political Science and History, and a MEd in Educational Psychology.

**Dr. Lori Triano-Antidormi**, to at-large director, is a Registered Psychologist in private practice in Hamilton, ON. She has a special interest in trauma and grief. In 2014, she received SSC's Outstanding Achievement Award for her work speaking about recent amendments to the Criminal Code of Canada's not criminally responsible on account of mental disorder provisions. Lori is a member of the Hamilton Police Service's Standing Committee on Police Interactions with People in Crisis. She received her PhD from York University in 1998.

## **2. Directors Continuing Their Terms**

### **a) Second year of first term**

**Joan Baylis**, representative of the Schizophrenia Society of Saskatchewan (SSS), is a family member and Past-President of the Regina Chapter of SSS. Joan was a business manager at Petro-Canada for 26 years. After previously serving two terms on SSC's Board, Joan returned to the Board in 2014. She is presently an assistant to Andrew Scheer, a candidate for Member of Parliament for the Riding of Regina – Qu'Appelle, and sits on the board of Ignite, which helps young adults complete their high school diplomas.

**Prof. Christopher Damaren**, representative of the Schizophrenia Society of Ontario (SSO), is a family member. Chris has been a Professor at the University of Toronto Institute for Aerospace Studies since 1999. Prior to this, he held teaching positions at Royal Roads Military College in Victoria, BC, and the University of Canterbury in Christchurch, NZ. Chris holds a PhD in aerospace engineering from the University of Toronto.

### **b) Third year of first term**

**Gail MacLean** represents the Schizophrenia Society of Prince Edward Island (SSPEI), and is President of SSPEI. She is a Registered Nurse at the Queen Elizabeth Hospital in Charlottetown, PE, and is a charter member of its hospital auxiliary. In 2014, she received a Caring Canadian Award from the Governor General, His Excellency the Right Honourable David Johnston. It is given to Canadians who volunteer to help others and to build a smarter and more caring nation.

**Doug Race** is a family member and representative of the Schizophrenia Society of Alberta (SSA). He has volunteered his time to advance non-profit housing for people living with serious mental illness, on education and awareness initiatives aimed at reducing stigma, improving supports and services to individuals and families, and increasing understanding of schizophrenia, including in the context of recent amendments to not criminally responsible on account of mental disorder legislation. Doug works as a chemist in the oil and gas industry in Calgary, AB.

### **c) Second year of second term**

**Jeffrey Costain**, an at-large director on the SSC Board, is a Crown prosecutor with the Ontario Ministry of the Attorney General in the Greater Toronto Area. He prosecutes various offences under the Criminal Code of Canada. Jeff is also involved in providing continuing education and training for police officers and members of the legal profession.

**Julia Gajewski-Noel**, representative of the Schizophrenia Society of New Brunswick (SSNB), is a Registered Nurse. She holds a Certificate in Mental Health Nursing and is retired from the position of Teaching Senior Associate at the Faculty of Nursing at the University of New Brunswick, in Fredericton, NB. She has worked extensively in both the acute care and community psychiatric environments. Among Julia's interests are family education initiatives

and working with Aboriginal communities to facilitate the transfer of educational resources in mental health.

**David Newman** is a family member and an at-large director. He has been diagnosed with paranoid schizophrenia, depression and anxiety disorders. David believes in lifelong learning. He is a Chartered Public Accountant, and has several degrees and other professional designations. He believes in ameliorating the suffering of people with mental illnesses and their caregivers, and addressing poverty and affordable housing. David has been invited to apply to do a PhD in Business Administration at Harvard University, where he hopes to address these issues through his studies and a dissertation.

**Prof. Phil Tibbo**, an at-large director, is the Dr. Paul Janssen Chair in Psychotic Disorders in the Department of Psychiatry, and Director, Nova Scotia Early Psychosis Program, and Co-Director, Nova Scotia Psychosis Research Unit, at Dalhousie University, in Halifax, NS. He investigates psychosis/schizophrenia through neuroimaging, genetics, and non-pharmacological treatments. His current research includes developing a relapse prediction tool for use by clinicians and families, a tool for monitoring medication side effects, and service delivery/national guidelines for early phase psychosis. Dr. Tibbo is also chair of the SSC Foundation.

#### **d) Third year of second term**

**Odette Beaudoin**, is a family member, and representative and President of the Société québécoise de la schizophrénie (SQS). Odette has Master's degrees in Psychology and Law. Since 2011, she has been President of the Research Ethics Committee at the Institut universitaire en santé mentale de Montréal, in Montréal, QC.

**Florence Budden**, representative of the Schizophrenia Society of Newfoundland and Labrador (SSNL), is a Registered Nurse and Instructor at the Centre for Nursing Studies, Eastern Health, in St. John's, NL. She is Past-President of SSC. Florence represents SSC on the Canadian Alliance on Mental Illness and Mental Health. She is also the incoming President of the Canadian Federation of Mental Health Nurses.

**Paul King-Fisher**, is a family member and an at-large director. He began volunteering with SSO in 1996, and is a Past President. In 2012, Ontario's then Lieutenant Governor, the Honourable David Onley, presented him with a Community Volunteer Award. Paul is President of SSC, and is working with the board to ensure the Society remains relevant and effective in a world that is witnessing profound changes to volunteerism and fundraising, particularly through social media. He works at the Ontario Ministry of Natural Resources and Forestry in Peterborough, ON.

### **3. Completed Their Term or Resigned from the Board**

**Fred Dawe** is a family member who represented BCSS on the SSC Board. He retired from the corporate sector in 1990, and the 25 years since, has been a dedicated and highly effective volunteer. He is a Past President of BCSS, a member of the BC Alliance for Mental

Health/Illness and Addictions, and a member of BC Community Action Initiative, which is responsible for allocating funds across BC under the province's 10-year Mental Health Plan. Fred stepped down from the SSC Board after having already previously served two terms on the board, including as President.

**Renea Mohammed** is a family member and was an at-large director on the SSC Board. She is Program Coordinator of the Peer Support Program for Vancouver Mental Health and Addiction Services in Vancouver, BC. Renea continues to volunteer with SSC as a member of its Education Committee. She has a Community Mental Health Worker Certificate, and also holds Master of Arts in Library and Information Studies from the University of British Columbia.

**Phil Rogers** is a family member who represented SSNA on the SSC Board, and he is a Past-President of SSNS. Phil is a Chartered Public Accountant, and for the past six years, has served as Treasurer to both SSC and SSC Foundation. He spent 25 years managing finances in several law offices. Semi-retired, Phil continues to provide cash-flow management and accounting services through his own firm.

**Wilma Schroeder** represented MSS. She is President of MSS, a Registered Nurse, family therapist, and an Educator in the Nursing Program at Red River College in Winnipeg, MB. Wilma is the course leader in Family Nursing at RRC, and has research and teaching interests in mental health, especially schizophrenia, and family health. She is also member of the International Family Nursing Association.