



WHO ARE EMPLOYEE CAREGIVERS?

Individuals (family members, neighbours, friends and other significant people) who take on a caring role to support someone with a diminishing physical ability, a debilitating cognitive condition or a chronic life-limiting illness, while also balancing paid employment.

WHO ARE THEY?



6.1 million caregivers are in the workforce, representing **35%** of employed Canadians.

50% between the ages of **45-65** ... their peak earning years



1 in 4

balance child rearing, caregiving, paid work.



Provide up to 30 hr / wk of unpaid care for an average of 3 years.

WHEN CARE AND WORK ARE UNBALANCED, employee caregivers must:



take a leave of absence
26%



quit their jobs
6%



reduce their work hours
15%



miss days of work
4 in 10



turn down job opportunities
10%

COST TO EMPLOYEE CAREGIVERS

In order to care for their loved ones, caregivers lose opportunities:



LOST WAGES



DECREASED RETIREMENT INCOME



LOSS OF EXTENDED HEALTH BENEFITS

Caregivers are substantially more likely to experience an array of negative emotional, social and health outcomes.

28%

of caregivers found providing care to be stressful.



19%

of caregivers indicated that their physical & emotional health suffered.

COST TO EMPLOYERS

Productivity losses to employers are enormous:



LOSS OF 18 MILLION WORK DAYS PER YEAR



LOSS OF SKILLED EMPLOYEES



INCREASED EMPLOYEE TURNOVER

COST TO ECONOMY

\$1.3 BILLION in lost productivity per year



BALANCE CARE AND WORK. CHECK OUT THE CCC EMPLOYEE CAREGIVER TIPS AND TOOLS.

